



Katy Pollitt

Associate

Health Care

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Sara "Katy" Pollitt leverages her prior in-house health system experience to counsel various members of the health care industry on complex transactions and compliance matters. Whether leading a transaction, managing due diligence or providing legal guidance, Katy is resourceful, efficient and thorough to achieve the best results for her clients.

Organized and Strategic Driving for Practical Solutions

Prior to joining Katten, Katy spent two years in-house as a Legal Fellow at a Chicago-based, *U.S. News'* top ranked health system where she learned how to provide practical solutions that align with strategic objectives, while navigating complex risk during unprecedented circumstances. Since joining Katten, Katy has provided strategic corporate and regulatory guidance to a variety of health care industry players conducting complex transactions, including national management organizations, physician practices and health systems. In addition, Katy advises clients on complex regulatory matters involving the Stark Law, the Anti-Kickback Statute, the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and other compliance matters, including reimbursement and billing, the corporate practice of medicine and licensing.

Katy is an active leader in both national and local professional associations. She is also the recipient of the American Bar Association Health Law Section's Emerging Young Lawyer in Healthcare award for her commitment to that leadership. During her Fellowship, Katy was appointed Adjunct Instructor to the health system's Health System Management program, where Katy co-instructed a health care law and ethics course to aspiring health care administrators.

Representative Experience

- Guided and advised national management services entities and independent physician groups through physician practice management in various specialties, including anesthesia, gastroenterology, urology, ENT, concierge medicine, dermatology and emergency medicine.

Practices

- Antitrust and Competition
- Clinical Integration and Managed Care
- Corporate
- Health Care
- Health Care Regulatory and Compliance
- Health Care Services Private Equity
- Health Care Transactions
- Medicare/Medicaid Reimbursement
- Mergers and Acquisitions

Education

- JD, University of Notre Dame Law School
- BBA Management, Texas A&M University, *magna cum laude*

Bar Admissions

- Illinois
- Texas

Community Involvements

- American Bar Association, Health Law Section, Marketing and Technology Committee Co-Chair (2023–2026); Membership Committee Vice Chair (2024–2026); Strategic Business Plan Task Force (2025–2026)
- American Health Law Association (AHLA)
- Illinois Association of Healthcare Attorneys, Membership Committee Member (2025–2026)
- Texas Bar Association

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- Assisted with the sale and recapitalization of the nation's largest private equity-backed gastroenterology management services organization.
- Aided large national health system and national private equity backed management entities through Federal Trade Commission administrative inquiries and investigations pertaining to antitrust and competition.
- Supported large health system with its affiliation with, and disaffiliation from, various industry partners.
- Counseled a variety of health care organizations, including ACOs, health systems, physical therapy clinics, concierge medicine practices, and independent professional practices, and non-healthcare companies, including technology companies, through complex compliance, contracting and regulatory issues.

Recognitions

Recognized or listed in the following:

- American Bar Association
 - Emerging Young Lawyer in Healthcare, 2024
- Chambers USA
 - Healthcare, 2025
- Edward J. Kelly Memorial Elder Law Writing Award
 - 2019
- Super Lawyers Rising Stars
 - Illinois, 2023–2026
- Best Lawyers in America
 - Ones to Watch
 - Corporate Law, 2026
 - Health Care Law, 2026

News

- Katten Attorneys Named to 2026 Illinois Super Lawyers, Rising Stars Lists (January 21, 2026)
- Katten's Rising Leaders Named to 2026 Best Lawyers: *Ones to Watch*® List (August 21, 2025)

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- *Chambers USA 2025 Ranks Katten as Leading Law Firm* (June 5, 2025)
- Katten Attorneys Selected for 2025 Illinois Super Lawyers, Rising Stars Lists (January 31, 2025)
- Ryan Meyer and Katy Pollitt Honored as Emerging Young Lawyers in Health Law (April 5, 2024)
- Katten Attorneys Named to 2024 Illinois Super Lawyers, Rising Stars Lists (January 25, 2024)
- Katten Attorneys Selected to 2023 Illinois Super Lawyers, Rising Stars Lists (January 24, 2023)

Presentations and Events

- Healthcare Delivery & Innovation Conference (September 26–27, 2024) | *Presenter | Healthcare Has a Math Problem: Evaluating Physician Shortages and Solutions*