

Anthony M. Del Rio
Partner
Health Care

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Anthony Del Rio advises providers, payors, and other health care and life sciences entities on transactional, regulatory, restructuring and enforcement issues. Anthony's comprehensive understanding of the health care industry, combined with a strategic approach to legal challenges, has made him a trusted advisor to leading health care organizations and investors, ensuring successful outcomes in a dynamic and highly regulated environment.

First-hand health care industry knowledge

Anthony understands his clients' business goals, having served as the president of a clinically integrated network comprising an academic medical center, community hospitals and 2,300 providers. He genuinely recognizes the challenges his clients face when it comes to efforts to expand a company's reach and profitability. He also draws on his experience as senior counsel to a large health system when helping them navigate transactional and regulatory matters.

Health care providers and investors turn to Anthony for strategic guidance on high-stakes transactions involving specialty medical practices, hospitals, and health systems. He is a trusted advisor to private equity and venture capital firms, portfolio companies, independent physician practices, and health systems, providing practical solutions for complex deals—including mergers, acquisitions, joint ventures, and strategic partnerships—with particular insight into valuation, structuring, financing, and integration. Anthony devotes a significant portion of his practice to regulatory matters, helping clients navigate federal and state fraud and abuse laws, antitrust concerns, and compliance obligations under the Anti-Kickback Statute, Stark Law, and False Claims Act. He also counsels on issues related to the corporate practice of medicine, offering clarity in a highly nuanced legal landscape.

Staying current on issues central to the intersection between health care and law, Anthony holds academic appointments at Rush University and the University of Illinois, serves on the board of a large nonprofit safety net health care system, and served on the board of one of the largest Medicaid Accountable Care Organizations in the country.

Practices

- Clinical Integration and Managed Care
- Health Care
- Health Care Finance
- Health Care Litigation, Reimbursement and Regulation
- Health Care Regulatory and Compliance
- Health Care Services Private Equity
- Health Care Tax Exempt
- Health Care Transactions
- Health Information Privacy and Security
- Hospital-Physician Relations and Medico-Legal
- Independent Sponsors
- Insurance and Health Care Fraud Litigation
- Insurance Products and Regulation
- Medicare/Medicaid Reimbursement
- Mergers and Acquisitions
- Monitorships
- Privacy, Data and Cybersecurity
- Private Equity

Industries

- Education
- Pharmaceutical and Life Sciences

Education

- JD, Duke University School of Law
- BBA, Georgia State University, summa cum laude

Bar Admissions

Illinois

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Recognitions

Recognized or listed in the following:

- Chambers USA
 - o Healthcare, 2025
- Crain's Chicago Business
 - o 40 Under 40, 2021
- Law360 MVP
 - o 2023

News

- Anthony Del Rio and Kate Hardey's Arrival at Katten Captures Media Spotlight (June 27, 2025)
- Chambers USA 2025 Ranks Katten as Leading Law Firm (June 5, 2025)
- Katten Taps Anthony Del Rio and Kate Hardey to Join Leading Health Care Practice (June 3, 2025)

Publications

- Emerging Regulatory and Market Trends for Accountable Care Organizations | AHLA Health Law Weekly (May 2, 2025)
- How CMS Proposal Would Change PE Deal Transparency | Law360 (April 4, 2023)
- Drafting and Negotiating Physician Employment Agreements | Health Care Law Monthly (October 2018)
- Evolving Regulation of Dental Service Organizations | Dental Economics (November 15, 2016)
- Freestanding Emergency Departments: A Primer on Laws Impacting Development and Operating | Bender's Health Care Law, Vol 16, Issue 05 (2016)
- Regulation Versus Overregulation of LDTs: Permitting Innovation
 While Ensuring Verification | Bender's Health Care Law, Vol 16, Issue 06 (2016)

Podcasts

The Schema | Insights on Demand (January 11, 2022)

Georgia

Community Involvements

- Sinai Chicago, Board of Directors
- Hispanic Lawyers Association of Illinois
- Economic Club of Chicago
- Duke Professional Healthcare Cohort, Chair
- Chicago Duke Alumni Board, Former Chair



"Anthony is excellent." "He's the rare healthcare attorney who has deep experience with and command of both the commercial and the regulatory. This makes him an exceptional resource for a wide range of advice."

Chambers USA 2025 (Illinois, Healthcare) survey response

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 Nota Bene Podcast | Charting a New Path in Healthcare (May 26, 2021)

Presentations and Events

- Healthcare Bankruptcy: Transactional and Regulatory Considerations
 While Navigating Endings and New Beginnings | IAHA Annual Health
 Law Symposium (November 7, 2024) | Presenter
- Tech-Driven Healthcare Transformation: Navigating Innovation,
 Payment Reform, and Patient Care | HIMSS 2024 (March 13, 2024) |
 Presenter
- Health Plan Regulatory Updates | American Health Law Association,
 Health Plan Law & Compliance Institute (May 19, 2023) | Presenter
- Evolution and Innovation in the Health Care Payment Landscape | Loyola University Beazley Health Law Symposium (November 11, 2022)
- Compliance Implications of Healthcare Industry Trends | WCP Compliance Symposium (October 4, 2022) | Presenter
- Implementing an Effective Clinical Integration Program | American Hospital Association (October 4, 2022) | Presenter
- Accelerate Value-Based Performance | HIMSS 2022 (March 14–18, 2022) | Presenter
- What's Next for Health Policy? | Duke Alumni Association Forum (February 22, 2022)
- The Evolution of Risk Management | The Academy Population Health and Medicare Advantage Collaborative (September 27–29, 2021) | Presenter
- Regulations Impacting Advanced Practice Professionals | Annual APP Leadership Retreat (October 2018) | Presenter
- Effective Compliance Planning for Surgery Centers | HIPAA and Privacy Issues for ASCs | Becker's ASC 23rd Annual Meeting: The Business and Operations of ASCs (October 28, 2016) | Moderator
- Mid-Level Provider Agreements | Chicago Bar Association (September 28, 2016) | Presenter
- Key Issus Facing Urgent Care Providers | Becker's Healthcare (January 28, 2016) | Presenter