

Lydia Demnitz-King

Associate

Restructuring

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Lydia Demnitz-King works on both debtor- and creditor-side mandates, with a key focus on corporate rescue and turnaround. She has worked on high-profile restructurings across a range of sectors including hospitality, consumer goods and financial services.

Restructuring lawyer focused on practical solutions for clients

Lydia works alongside her restructuring colleagues to deliver commercially sensible solutions on complex and often high-profile matters, bringing a strong attention to detail and a depth of experience that ensures a client-focused end product. Her experience includes both national and international mandates where she has been responsible for coordinating all of the different workstreams, and has experience advising on consensual restructuring transactions, including refinancings and asset disposals, as well as restructuring plans and administrations.

News

- London Restructuring Group Ranked in Legal Directories and Nominated for Industry Award (October 15, 2026)
- Katten Transatlantic Restructuring Team Advises on Radley Group Sale to Gordon Brothers (May 28, 2026)

Publications

- Restructuring Plans: An emerging alternative to Chapter 11 for US Companies? | Published by *Insolvency Insider UK* (July 17, 2026)
- Restructuring Plans: An emerging alternative to Chapter 11 for US companies? (July 15, 2026)

Practices

- Distressed and Special Situations Investing
- Restructuring

Industries

- Fashion, Retail, Luxury and Beauty
- Finance and Financial Markets
- Hospitality

Education

- LLB, University of York
- LPC, University of Law

Bar Admissions

- England and Wales